WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,
Jennifer L. Burch, Pharm.D., CDE, CPP

Treating Fibromyalgia and Autoimmune Diseases

Fibromyalgia - also known as fibrositis or fibromyositis - is a chronic pain disorder that causes lasting and sometimes debilitating muscle pain, fatigue, sleep disturbance and cognitive impairment. No one knows exactly what causes it, but it may be triggered by injuries, emotional trauma, or viral infections. Although symptoms of fibromyalgia resemble those of some autoimmune diseases, fibromyalgia does not appear to be caused by autoimmune factors. Fibromyalgia can be difficult to diagnose. It can take 5 years for the average person with the condition to finally get a diagnosis. As many as three out of every four people with fibromyalgia remain undiagnosed. And, once diagnosed, a significant number of patients do not respond adequately to drugs that are currently FDA-approved for treatment of fibromyalgia.

Autoimmune diseases such as Rheumatoid Arthritis, Inflammatory Bowel Disease, Multiple Sclerosis and Hashimoto's Thyroiditis occur when a person's immune system begins producing antibodies that attack and damage the body's own tissues instead of fighting infection. Research is revealing new treatments that may reduce various inflammatory autoimmune processes and provide relief from symptoms of these conditions.
Our compounding pharmacists can help patients dealing with fibromyalgia and autoimmune disorders. **Talk to us today about customized medications to treat problems that have not responded to commercially available drugs.**

**References:**
http://www.umm.edu/health/medical/reports/articles/fibromyalgia
Annals of Neurology, Volume 9999, Issue 999A, Feb 2010

**READ MORE ABOUT LOW DOSE NALTREXONE**

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  and much more!
Ask us about our weight loss programs!
We offer a physician managed program for patients who find weight loss exceptionally difficult. Read More

Reminder message about consultations:
Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, CPP, who is experienced and specially trained in customized hormone replacement therapy. HRT consultations are by appointment only, and are $175. Call Mary, our Patient Care Coordinator, to schedule an appointment.

Hormone Testing
We provide ZRT test kits to help us customize your hormone therapy specifically for you!